

# Dolphin Scuba Center

## Scuba Skills Update Class

### Class + Pool

Public Class: \$75.00

Private Class: \$125.00

Digital Materials: \$20.00

All tuition must be paid when signing up for the class. The tuition pays for the instructor, classroom, and pool use. Tuition also covers the use of Tanks, and Weights in the pool session

This SSI program is a great way to refresh your diving knowledge and skills, especially if it has been awhile since your last dive. We'll review the information you learned during your Open Water Diver program and work to supplement the in-water portion of the Scuba Skills Update program with skills that may have become a little rusty.

### To Do Before Class

1. If you don't already have one, create a diver profile at: <https://my.divessi.com/register> - Ensure that "Dolphin Scuba Center" is selected as the Training Center.
2. Upload a photo clearly showing your face so that we can complete your recognition at the end of the class.
3. Print and complete the Diver Medical / Participant Questionnaire at: [https://dolphinscuba.com/content/pdf/downloadable-forms/RSTC\\_MEDICAL\\_FORM.pdf](https://dolphinscuba.com/content/pdf/downloadable-forms/RSTC_MEDICAL_FORM.pdf)
4. Read and watch the videos in your digital materials (approximately 20 pages) located in the SSI App/via the SSI website after creating the diver profile.

### What to Bring to Class

1. Swimsuit and a towel
2. Your mobile device and charger or your laptop or tablet Pen and notebook

### Medical/Liability Release

Upon enrolling for class, you will be required to print and fill out a medical statement. This medical and liability release is required by SSI and the Recreational SCUBA Training Council (RSTC):

[https://dolphinscuba.com/content/pdf/downloadable-forms/RSTC\\_MEDICAL\\_FORM.pdf](https://dolphinscuba.com/content/pdf/downloadable-forms/RSTC_MEDICAL_FORM.pdf)

### What to Expect in Class

We have Sacramento's only indoor heated pool (heated to approximately 92F!) used for SCUBA and swim lessons! We will start the class reviewing the video and written information from SSI and answering any questions that you have or may arise. Students and instructor(s) will then go down to the pool area and begin our skills in the water. Class runs approximately 3-4 hours.

We recommend that you bring your own equipment: mask, snorkel, and fins but please feel free to bring your BCD and regulator if you like.

We are thrilled to welcome you into the captivating underwater realm and we thank you for trusting Dolphin Scuba Center as you dive into a new way to experience the world. Please give us a call any time with any questions - our staff is happy to help you feel as comfortable as possible before you make the plunge!

*See you in the water soon!*

*Michael Johnson, Owner*

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